

## Access Appointment Instructions

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**You have an appointment located at: 250 Yorktown Plaza Elkins Park, PA 19027-1424  
(located in the AllState Building - 2nd Floor)**

**Note: If using GPS please use the following address: 8120 Old York Road, Suite 250**

On: \_\_\_\_\_ At: \_\_\_\_\_

If you are unable to keep your appointment, please call to reschedule at **(215) 887-1122**

### **11 Steps to make your appointment a success**

- 1) Arrive 15 minutes before your appointment time for pre-registration.
- 2) Bring your insurance card (s), photo ID and medication list with to your appointment.
- 3) You will need to have a responsible person to escort you home following the procedure.
- 4) Do not bring any valuables with you; no jewelry, no money, etc.
- 5) Do not wear makeup or fingernail polish.
- 6) Wear comfortable clothing. You will be changing into a hospital gown for your procedure.
- 7) Do not eat or drink anything within 6 hours of your appointment.
- 8) If you have a known ALLERGY to CONTRAST a prescription for Prednisone and Benadryl will be provided to you by the dialysis center.
- 9) Consult your referring physician regarding taking your regularly prescribed medications.  
**Do not** take any medications that your physician hasn't recommended; i.e. aspirin, vitamins, etc. Please take medications with a small sip of water.
- 10) If applicable, do not take insulin **but do** check your blood sugar.  
**Contact your physician immediately regarding any concerns related to your sugar level status.**
- 11) Following your procedure, DISCHARGE INSTRUCTIONS will be provided for you.

Please follow these instructions, unless advised otherwise by your physician.