

## Access Patient Instructions



You have an appointment at Advanced Access Medical Care

Located at: 1733 Eastchester Road, Suite 2, Bronx, NY 10461

On: \_\_\_\_\_ At: \_\_\_\_\_  
Day / Date Time

If you are unable to keep your appointment, please call 718-409-2007 to reschedule.

### 12 Steps to make your appointment a success

- 1) Arrive 30 minutes before your appointment time for pre-registration.
- 2) Bring your insurance card (s), photo ID and medication list with to your appointment.
- 3) You will need a responsible person available to escort you home.
- 4) Do not bring any valuables with you; no jewelry, no money, etc.
- 5) Do not wear makeup or fingernail polish.
- 6) Wear comfortable clothing. You will be changing into a hospital gown for your procedure.
- 7) Do not eat or drink anything 8 hours prior to scheduled appointment.
- 8) If you have a known ALLERGY to CONTRAST please call our office
- 9) If on blood thinners, Do not take day(s) prior to the date of your procedure.
- 10) If on Dm/insulin medication, Do not take the day of procedure. But do check your blood sugar. Contact your physician immediately regarding any concerns related to your sugar level status.
- 11) Take all other regularly scheduled medications with a small sip of water.
- 12) Following your procedure, DISCHARGE INSTRUCTIONS will be provided for you.

Please follow these instructions, unless advised otherwise by your physician.