

## Access Patient Instructions

### SAN DIEGO VASCULAR ACCESS CENTER

You have an appointment at the San Diego Vascular Access Center

Located at: 6402 El Cajon Blvd., Suite 100, San Diego, CA 92115

On: \_\_\_\_\_ At: \_\_\_\_\_  
Day / Date Time

If you are unable to keep your appointment, please call 619-582-4490 to reschedule.

#### 10 steps to make your appointment a success

1. Please arrive 30 minutes before your appointment time for pre-registration.
2. Please bring your insurance card(s) with you to your appointment.
3. You must have someone with you who can drive you home. You may be given medication that will make you drowsy.
4. Please do not bring any valuables with you; no jewelry, no money, etc.
5. Please do not wear any makeup or fingernail polish.
6. Please wear comfortable clothing. You will be changing into a hospital gown for your procedure.
7. Please do not eat or drink anything within 8 hours of your appointment.
8. Consult your referring physician regarding taking your regularly prescribed medications. Do not take any medications that your physicians hasn't recommended; i.e. aspirin, vitamins, etc.
9. If applicable, do not take insulin **but**, check your blood sugar. Contact your physician immediately with any concerns related to your sugar level status.
10. Following your procedure, DISCHARGE INSTRUCTIONS will be provided for you. Please follow these instructions, unless advised otherwise by your physician.